



EISD

PALS *Preschool Articulation and Language Skills*

Dear Family,

The emphasis in this lesson is on producing the *h* sound at the beginning of words. To make that sound you push a puff of air through the opening beneath the back part of your soft palate.

Listening List-

Read this word list to your child. Slightly emphasize the *h* sound at the beginning of each word.

Hi!	have	hum	hit
who	hat	hail	him
help	hot	hen	hole

Target Words

Look for these things in your home and community.

house	hill
hand	hump

Suggested Home activities:

1. There are a lot of kids and pop songs with frequent use of initial *h*. Some are “Hokey Pokey” , “If I had a hammer”, and “ If You’re Happy and You Know it”. I also have a playlist of H songs on YouTube at https://www.youtube.com/playlist?list=PL_YRCGOE8foigOutqxqTpoXu-t8aGEs9P.
2. Everybody loves a “high 5”! Play a game with your child and congratulate each other a lot using high-5s & make up fun variations. Some might be a “hot 5”, a “happy 5” , a “hula 5”, a “honking 5”.
3. “I have, who has” is a game that is sort of like modified Go Fish. Use a deck of cards that contains matching pictures. Deal out a reasonable number and put the rest in a draw pile. Each person can hold their cards or spread them out for everyone to see. Each player then takes a turn saying “I have () card, who has () card”. Whoever has it gives it up, if no one has it the asking player draws from the pile. Whoever gets their matches made first is the winner. A website that describes this game is at <http://www.prekinders.com/i-have-who-has-shapes-game/>



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This letter will be posted at <http://bcespeechszymczak.weebly.com/pals-practice.html> & I'll add other ideas for practice as I come across them. If you think of any songs, games or activities that might be good for practicing the initial *h* sound, please let me know.

Have fun!

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