



EISD

# PALS *Preschool Articulation and Language Skills*

Sep 15/16, 2015 Family Letter

Dear Family,

The emphasis in this lesson is on producing *ch* at the beginning of words. One way to explain how to make this sound is to describe it as an explosion of sound in the top of the mouth. Sometimes using an elevated pitch can help a child make this sound. Many of the ideas for this lesson came from the book "Once Upon a Sound" by Linda Smith-Kiewel and Tracy Molenaar Claeys. The book for this lesson is **Chicka Chicka Boom Boom** by Bill Martin.

### Listening List-

Read this word list to your child. Slightly emphasize the *ch* sound at the beginning of each word.

Chunk	Chick	Chuck	Chum
Chase	Cheek	Chaps	Chew
Chow	Chill	Check	Cheep

### Target Words

Look for these things in your home and community.

Cheese	Chalk
Chuy's	Chair

Suggested Home activities:

1. Sing the song "Cheers to the bus driver"-
2. There are a lot of excellent songs jazz & pop songs about trains. They usually have too many words for young children to learn them all the way through, but those songs are a good source for auditory bombardment. You might listen to "Choo choo ch'boogie" and "Chattanooga Choo Choo". Some other great pop songs with a lot of "ch" are "Changes" by David Bowie & "Take a chance" by ABBA.
3. In the kitchen you can talk about which foods are chewy and which ones are crunchy? Which do you like better?



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This letter will be posted on my website with other ideas for practice as I come across them. If you think of any songs, games or activities that might be good for practicing the final *ch* sound, please let me know.

Have fun!

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Speech Language Pathologist